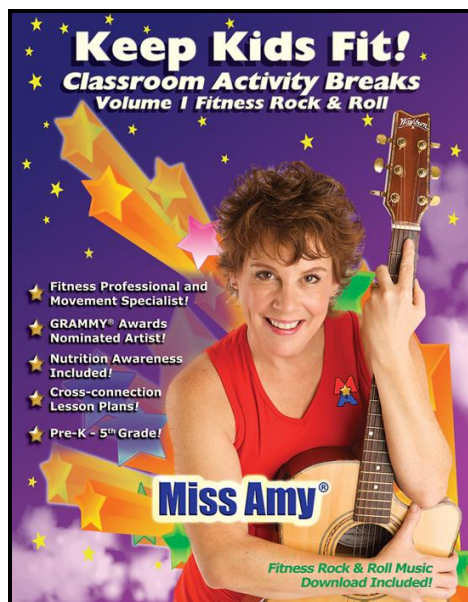


NATIONAL HOT TOPIC!

Miss Amy® ★ GRAMMY® Nominated Artist ★ Author ★ Educator ★ Fitness Pro

NEW BOOK!

Keep Kids Fit! Classroom Activity Breaks



Miss Amy's educator resource guide for grades Pre-K through 5th includes 12 active lessons with free downloadable accompanying music.

Provides 114 cross-connection lesson plans & techniques for teaching and motivating students within the 21st Century core subject interdisciplinary theme of Health Literacy. Wholesale discounts are available for bulk book purchases of 25 or more.

WORKSHOPS

Professional Staff Development

How to Put a Better Student in the Chair!

Building The Next Healthy Generation:
A positive partnership of
parents, schools & communities



Learn the secrets of basic neuroscience, why classroom teachers play a crucial role in supporting school wellness policies, and how to use that knowledge in the classroom to create better students and maximize test performance.

Implementation of *Classroom Activity Breaks* is one of the positive strategy solutions highlighted in the 2013 Midcourse Review of the National Physical Activity Guidelines by the Health and Human Services Department. It is a specific action step of *The Wellness Impact: Enhancing Academic Success through Healthy School Environments* report released by the GENYOUth Foundation.

To Learn More: www.MissAmy.tv

To Schedule Events: Booking@MissAmy.tv or Call (609) 433-6520

For Press or Other Inquiries: Alex Otey, Media@MissAmy.tv or call (609) 468-3954

SCHOOL ASSEMBLIES

Healthy Bodies Rock! Program



For grades Pre-K through 5th - 45 min sessions

This high-energy interactive program can accommodate 200 students per assembly in a gym or cafeteria.

- Focus on balance, strength & endurance with supporting lessons to claim athletic identity and adopt personal responsibility for creating health and wellness.
- Appeals to all learning styles with specific emphasis on the kinesthetic learner.
- Program advocates good nutrition choices and regular exercise.